

## **Corona Virus – Information in English**

The Coronavirus is the greatest test for a long time. The primary goal is to slow down the infections. The Free State of Bavaria has therefore imposed an exit restriction until April 3, further measures are valid until April 19.. Solidarity, aid and cautiousness are therefore particularly important. Please help your neighbours, including when thinking about what you are purchasing. Think of seniors who need special help and support.

**Avoid direct contact with other people. Keep a distance of one and a half meters from others.**

- The way from home to work and back is allowed
- Events forbidden, Leisure facilities and restaurants are closed
- Restrictions in retail, extended opening times in the food sector
- Closure of schools and daycare facilities, emergency care guaranteed
- Security of supply guaranteed
- Local public transport reduced
- District office is closed to the public from March 17 - indispensable services will be provided  
Please make an appointment beforehand by phone or email.
- citizen phone still available 09721 / 55-745

Information on the current situation is available on the website [www.landratsamt-schweinfurt.de](http://www.landratsamt-schweinfurt.de).

### **Instructions on how to avoid the virus:**

- Correct hand hygiene: regularly and thoroughly wash your hands under running water with soap for 20 to 30 seconds
- Keep unwashed hands away from the face (especially mouth, nose and eyes).
- Coughing Etiquette: cover the mouth and nose with a handkerchief or bent elbow while coughing or sneezing, followed by hand hygiene.
- Stay at least 1,5 to 2 meters away from persons
- Avoid public gatherings
- Regularly ventilate rooms
- Adopt a quiet health-conscious lifestyle

There is no concrete evidence to suggest that wearing a mask over your nose and mouth will significantly reduce the risk of infection for a healthy person wearing it.

These general hygiene measures are recommended, especially during the winter season, to prevent flu infections (colds), influenza (flu) and also COVID-19 disease (coronavirus).

### **District office closed to the public – essential services will continue to be provided**

As of Tuesday, March 17 the opening hours of the district office will be restricted to indispensable services until further notice. Appointments that are not necessary will be cancelled. Citizens are asked to contact the city council with questions that cannot be delayed for clarification by phone or email. Necessary services for which personal contact is required should continue to be provided.

To prepare this, appropriate organizational and spatial conditions are met in the district office. These are intended to protect employees and citizens from the spread of the virus and, at the same time, continue to enable direct contact in urgent cases.

The district office calls on all citizens to support each other with purchases and to stand by the older population in particular. There is no reason for so-called „hamster purchases“ according to the Bavarian Prime Minister in his government statement on March 19, 2020. The supply of food, energy and transport is guaranteed at all times. You should go shopping with practical life experience.

### **Get help with questions here:**

The State Health Department responsible for the district and city of Schweinfurt has set up a help number in the district office of Schweinfurt to answer questions to health care and hygiene. Telephone number: 09721 / 55-745. Reachable: Monday to Friday 8:00 a.m. until 4:00 p.m. and on Weekend until 10:00 a.m. until 4:00 p.m..

If you think you have contracted the Coronavirus and are ill, please contact your family doctor or the medical service on 116 117.

### **Further information can be found at:**

[https://www.rki.de/DE/Content/InfAZ/N/Neuartiges\\_Coronavirus/nCoV.html](https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/nCoV.html)

<https://www.stmgp.bayern.de/vorsorge/infektionsschutz/infektionsmonitor-bayern>

<https://www.lgl.bayern.de/>

<https://www.stmgp.bayern.de/vorsorge/infektionsschutz/infektionsmonitor-bayern/>

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